**Checklist: Recommended Items to Pack and Bring**

**In preparation for your travel, the following items are recommended to consider bringing with you:**

*Some items can be purchased near the UTEP campus.*

❒ Athletic wear (for fitness gym and hikes)

❒ Backpack, messenger bag, or satchel

❒ Blanket (for sleeping; light throw or quilt)

❒ Books for Institute (or share with someone)

❒ Caps (broad-rimmed) (2)

❒ Clothes (to keep cool at 80 – 110+ degrees F)

❒ Clothes (business casual for one evening, optional)

❒ Coins (quarters for laundry machines)

❒ Cooking ware with utensils and flatware

❒ Credit and debit cards

❒ Eyeglasses and Sunglasses (2)

❒ Hats (sun)

❒ Health insurance cards

❒ Identification cards (driver license and/or ID)

❒ Itineraries in print format for flights

❒ Laptop with accessories, cords, and headphones

❒ Medications and prescriptions

❒ Passport card (if traveling to México, optional)

❒ Phone with camera, charging cords, and earbuds

❒ Photographic camera

❒ Sandals (comfortable with extra support)

❒ Shoes (flip flops, running, tennis, walking)

❒ Snacks (protein bars and powders)

❒ Sunscreen (2 bottles)

❒ Toiletries and extras

❒ Water bottles (2)

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Although fee-based items are available from the [**UTEP Department of Housing and Residence Life**](https://www.utep.edu/student-affairs/housing/guest-housing/guest-housing-information.html), you may wish to bring your own to be most comfortable and at ease at [Miner Canyon](https://www.utep.edu/student-affairs/housing/future-residents/residence-floor-plans.html) ([how-to](https://www.utep.edu/student-affairs/housing/current-residents/how-to-videos.html)). These items are as follows:

❒ Blanket

❒ Pillow (standard)

❒ Sheets (twin-bed sizing without mattress pad)

❒ Towels (bath, washcloth)

Plan to have space in your luggage for any items you’ve purchased, including books, or plan to ship these.