**Checklist: Recommended Items to Pack and Bring**

In preparation for your travel, the following items are recommended to consider bringing with you:

*Some items can be purchased near the UTEP campus.*

❒ Athletic wear (gym)

❒ Backpack, messenger bag, or satchel

❒ Blanket (for sleeping; light throw or quilt)

❒ Books for Institute (or share with someone)

❒ Cap (broad-rimmed)

❒ Clothes (to keep cool at 80 – 110+ degrees F)

❒ Clothes (business casual for a few evenings)

❒ Coins (quarters for laundry machines)

❒ Cooking ware with utensils and flatware

❒ Credit and debit cards

❒ Eyeglasses and Sunglasses (2)

❒ Hats (sun)

❒ Health insurance cards

❒ Identification cards (driver license and/or ID)

❒ Itineraries in print format for flights

❒ Laptop with accessories, cords, and headphones

❒ Medications and prescriptions

❒ Passport card (if traveling to México)

❒ Phone with camera, charging cords, and earbuds

❒ Photographic camera

❒ Sandals (comfortable with extra support)

❒ Shoes (flip flops, running, tennis, walking)

❒ Snacks (protein bars and powders)

❒ Sunscreen (2 bottles)

❒ Toiletries and extras

❒ Water bottles (2)

❒ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Although a few items will be provided by **UTEP Department of Housing and Residence Life** if you’re staying on campus, you may wish to bring your own to be most comfortable and at ease. These items are as follows:

❒ Blanket

❒ Pillow

❒ Sheets (twin-bed sizing)

❒ Towels (bath, washcloth)

Plan to have space in your luggage for any items you’ve purchased, including books, or plan to ship these.